

**MEDICAL CENTER ARCHIVES  
OF  
NEWYORK-PRESBYTERIAN/WEILL CORNELL**

**1300 York Avenue # 34  
New York, NY 10065**

**Finding Aid To  
THE ARNOLD COOPER, MD (1923-2011) PAPERS**

**Dates of Papers:  
1956-1993**

**27.5 Linear Inches  
(6 Boxes)**

**Finding Aid Prepared By:  
Elizabeth Shepard  
Assistant Archivist  
September 2009**

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**PROVENANCE:**

The papers were donated by the Payne Whitney Psychiatric Clinic on 10/13/1993.

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**ADMINISTRATIVE/BIOGRAPHICAL NOTE:**

Arnold Cooper was born on March 9, 1923. He earned an A. B. degree from Columbia University in 1943 and a M. D. degree from University of Utah, School of Medicine in 1947. He later received a certificate in psychoanalytic medicine from Columbia University in 1956.

After medical college, he received further training at Harvard University (Research Fellow), 1947-1948, Thorndike Memorial Laboratory, Boston City Hospital (Assistant in Medicine), 1947-1948, Presbyterian Hospital (Internship), 1948-1950, Bellevue Hospital (Psychiatric Residency), 1950-1953, and Psychoanalytic Clinic for Training and Research, Columbia University College of Physicians and Surgeons (Psychoanalytic training), 1952-1956. He held clinical appointments at Bellevue Hospital (1953-1959), Presbyterian Hospital (1959-1974) where he rose to attending psychiatrist. At this medical center and Westchester Division, he was attending psychiatrist from 1974-1993. He was also staff psychoanalyst at Columbia University Psychoanalytic Center for Training and Research and had a private practice.

His academic appointments included Columbia University College of Physicians and Surgeons (1956-1974), where he rose to clinical professor of psychiatry, Columbia University Psychoanalytic Center for Training and Research (1961-?) where he was the supervisor and training psychoanalyst, and Cornell University Medical College (1974-1993) where he was a professor of psychiatry and associate chairman for education and director of training. In 1992, he was appointed the first Stephen P. Tobin and Dr. Arnold M. Cooper Professor in Consultation Liaison Psychiatry. He also taught at Barnard College, Columbia College, and Columbia University.

He was a gifted teacher as can be seen in his numerous lecture awards including Payne Whitney Resident Award for Teacher of the Year, 1983, Distinguished Lecturer, Virginia Psychoanalytic Society, 1983, Sandor Rado Lecturer, Columbia Psychoanalytic Center for Training and Research, 1985, Distinguished Psychiatrist Lecturer, American Psychoanalytic Association, 1986.

His research interests varied but included studies on narcissism, masochism, ego, psychoanalysis concepts and techniques, psychoanalytic training, and the relationship between psychoanalysis to psychiatry and applied analysis.

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## **SCOPE AND CONTENT NOTE:**

These papers only offer a brief glimpse of Dr. Arnold Cooper's career. The collections have been divided into five series: correspondence (1972-1993), course materials (1964-1991), professional activities (1972-1993), speeches and reprints (1959-1988), and miscellaneous (1956-1975).

### **Series I: Correspondence, 1972-1993 (Box 1)**

This series, arranged chronologically, contains miscellaneous correspondence with colleagues.

### **Series II: Course Materials, 1964-1991 (Boxes 1-2)**

This series is sub divided into General Courses, Columbia University, and Cornell University Medical College. The course materials include lecture notes, reading lists, lecture schedules, and student lists for courses that Dr. Cooper taught at these two universities.

### **Series III: Professional Activities, 1972-1993 (Boxes 3-5)**

This series, arranged alphabetically by organization, indicates Dr. Cooper's involvement in various committees, organizations, and editorial boards.

### **Series IV: Speeches and Reprints, 1959-1988 (Box 5)**

This series, arranged chronologically, only has a small number of Dr. Cooper's speeches and reprints.

### **Series V: Miscellaneous, 1956-1975 (Boxes 5-6)**

This series contains miscellaneous files.

A small collection of patient files from the Columbia University, Psychoanalytic Clinic for Training and Research were discarded.

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## **ACCESS RESTRICTIONS:**

The patient file is restricted under the federal law, HIPAA.

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## **ACCESS POINTS:**

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**RELATED MATERIAL:**

Some files were pulled to create the Payne Whitney Psychiatric Clinic Day Hospital Records.

**BOX AND FOLDER LIST:****Box 1: Series I, Correspondence, 1972-1993**

<b>Folder:</b>	<b>Description:</b>
1	Columbia Psychoanalytic Clinic, 1972-1975
2	Correspondence, 1972, 1974-1975, 1977
3	George Pollack, 1975-1976
4	Correspondence, 1988
5	Correspondence, 1989
6	John Markowitz, 1989
7	Correspondence, 1990-1991
8	Paul Summergrad, 1990
9	Correspondence, 1992-1993

**Box 1: Series II, Course Materials, 1964-1991**

<b>Folder:</b>	<b>Description:</b>
10	General Course Materials: Lecture II, 2 <sup>nd</sup> Year, notes, 1975
11	General Course Materials: First Year Medical Students, notes, 1977
12	General Course Materials: Biochemistry of the Brain, notes, undated
13	General Course Materials: Genetics and Child Psychiatry, notes, undated
14	General Course Materials: Homosexuality Seminar, notes, undated
15	General Course Materials: Neuropathology, notes, undated
16	General Course Materials: Neurophysiology, Psychosomatic, Karoine Methodology, notes, undated
17	General Course Materials: Rado, notes, undated
18	Columbia University Courses: Barnard College, "History of Psychoanalytic Thought," reading lists, notes, correspondence, student papers, 1974-1976

**Box 2: Series II, Course Materials, 1964-1991**

<b>Folder:</b>	<b>Description:</b>
1	Columbia University Courses: Columbia College, "History of Psychoanalytic Theory," correspondence, syllabus, 1970-1971

- 2 Columbia University Courses: Psychoanalytic Clinic for Training and Research, "Developmental Trends in Psychoanalytic Theory," correspondence, notes, reading lists, 1970-1971
- 3 Columbia University Courses: Psychoanalytic Clinic for Training and Research, Program in Applied Psychoanalysis, correspondence, notes, outlines, proposals, 1973-1976
- 4 Columbia University Courses: Psychoanalytic Clinic for Training and Research, "Psychoanalytic Process," correspondence, schedules, 1976
- 5 Columbia University Courses: Psychoanalytic Clinic for Training and Research, Freud, notes, undated
- 6 Cornell University Medical College Courses: First Year Teaching, schedules, outlines, correspondence, papers, 1964-1969
- 7 Cornell University Medical College Courses: First Year, Psychiatry Exams, 1970, 1975
- 8 Cornell University Medical College Courses: First Year Lectures, outlines, lists of students, 1974-1975
- 9 Cornell University Medical College Courses: First Year Medical Student Lectures, schedules, outlines, lists of students, 1975-1976
- 10 Cornell University Medical College Courses: Human Sexuality Course, correspondence, outline, 1976
- 11 Cornell University Medical College Courses: "Psychoanalysis and Creativity," correspondence, outline, evaluations, 1976
- 12 Cornell University Medical College Courses: First Year Lectures, schedules, student lists, 1976-1977
- 13 Cornell University Medical College Courses: First and Second Year, Electives, lists and course descriptions, 1976-1978
- 14 Cornell University Medical College Courses: Medical Student Lectures, notes, 1977
- 15 Cornell University Medical College Courses: First and Second Year, course descriptions, 1978-1979
- 16 Cornell University Medical College Courses: First Year Lecture on "Doctor and Patient Relationships," notes, 1983-1991
- 17 Cornell University Medical College Courses: Lecture notes, "Defenses and Coping Mechanisms," 1988
- 18 Cornell University Medical College Courses: Second Year, outlines, exams, reading lists, 1970-1976

**Box 3: Series III, Professional Activities, 1972-1993**

<b>Folder:</b>	<b>Description:</b>
1	Ad Hoc Committee on Arden House, Faculty, 1975
2	American College of Psychiatry, recommendations/nominations, 1986-1988
3	American College of Psychoanalysis, nominations/recommendations, 1986-1988

4	American Journal of Psychiatry, reviews and correspondence, 1988-1990
5	American Journal of Psychiatry, reviews and correspondence, 1991
6	American Journal of Psychiatry, reviews and correspondence, 1992-1993
7	American Journal of Psychiatry, reviews and correspondence, Washington Sexual Predator Law, 1993
8	American Psychoanalytic Association, 1972, 1991
9	Bethesda Conference on Psychoanalytic Research, 1989
10	Bethesda Conference on Psychoanalytic Research, 1990
11	Bethesda Conference on Psychoanalytic Research, 1991

**Box 4: Series III, Professional Activities, 1972-1993**

<b>Folder:</b>	<b>Description:</b>
1	Columbia University College of Physicians and Surgeons, Curriculum Committee, 1971-1974
2	Columbia University Psychoanalytic Clinic for Training and Research, various committees, 1976-1977
3	DSM IV, correspondence, 1988-1989
4	DSM IV, correspondence, 1990-1991
5	DSM IV, correspondence, 1992-1993
6	IPA AMC correspondence, 1984-1986
7	IPA, correspondence, 1989-1991
8	IPA, Rome Ethics Committee, 1989
9	IPA, Lawsuit, 1988-1990
10	IPA Lawsuit, 1991

**Box 5: Series III, Professional Activities, 1972-1993**

<b>Folder:</b>	<b>Description:</b>
1	IPA Lawsuit, 1992
2	IPA Training Conference, 1985
3	"Psychoanalysis and Contemporary Thought," correspondence and reviews, 1988-1993
4	Payne Whitney Psychiatric Clinic, Residency Review Committee for Psychiatry, 1985
5	Revue Internationale de Psychopathologic, editorial board, 1988

**Box 5: Series IV, Speeches and Reprints, 1959-1988**

<b>Folder:</b>	<b>Description:</b>
6	Miscellaneous reprints and speech announcements, 1959-1989

- 7 Speech: Columbia University, College of Physicians and Surgeons, 75<sup>th</sup>  
Anniversary Panel: "The Relationship of Super Ego to Obeying or  
Defying Authority, " 1971
- 8 Speech: "The Narcissistic Masochistic Character," Psychoanalytic  
Societies of Greater New York, Regional Meeting, June 9, 1973
- 9 Remarks on Dr. Spitzer's Definition of Mental Disorders given at  
American Psychoanalytic Association, May 1976
- 10 Residency Panel, American Psychoanalytic Association, 1977
- 11 Speech: "The Internship and Issues of Educational Quality," American  
Psychoanalytic Association, May 5, 1977
- 12 "Use of Clinical Faculty in Residency Training, " AADPRT Workshop,  
January 6, 1981
- 13 Speech: Panel on Psychoanalytic Training, May 1988
- 14 Remarks on a paper by Irving Berent on "To Have What it Takes: A  
Special Use of Masochism in Women," undated

**Box 5: Series IV, Miscellaneous, 1956-1977**

- | <b>Folder:</b> | <b>Description:</b>      |
|----------------|--------------------------|
| 15             | Diary, 1956              |
| 16             | Homosexuality, 1972-1975 |

**Box 6: Series IV, Miscellaneous, 1956-1977**

- | <b>Folder:</b> | <b>Description:</b>                               |
|----------------|---|
| 1              | New York State Psychiatric Institute, notes, 1971 |
| 2              | Patient File, 1959 (HIPAA restricted)             |
| 3              | Student Papers, 1968-1971                         |